AJ DA IDEM JANO BULGARIA

Dance Meaning: Let' Go Jano
Pronunciation: Aye Da Eedem Yano
Choreography: by Jim Gold in Bulgarian folk dance style. April/2013.
Music:
Formation: Open circle
Meter: 4/4
Jim Gold Youtube: http://bit.ly/2lBOLyI

Introduction: 6 measures
Measures:

FIRST STEP (PART I)
Face ctr. Sides, fwd and back

1 Step R to rt(ct 1), step L behind R(ct 2)
Step R(ct 3), Lift L(ct 4
2 Repeat meas 1 opp dir, opp ft
Into ctr
3 Step R fwd(ct 1), step L fwd(ct 2),
step R fwd (ct 3), lift L(ct 4)
Moving back
4 Step back on L(ct 1), back on R(ct 2),
back on L(ct 3), tch L next to R(ct 4)
5-8 Repeat meas 1-4

SECOND STEP (PART II)
Moving LOD, CCW: Grapevine and 2 lifts

1 Step R to rt(ct 1), cross L front of R and dip(ct 2)
Step R to rt(ct 3), step L behind R(ct 4)
2 Step R(ct 1), lift L(ct 2), step L(ct 3), lift R(ct 4)

ORDER OF STEPS:
1. First Step: 2x, Second Step: 8x