

ALLA MIA FORA GREECE

Dance Meaning: One more time, once again

("Alla": other or another, "Mia" a or one, "Fora": Time)

Pronunciation:

Choreography: by Jim Gold in Greek folk dance style.

Music: Kauyta Laika 2012

Formation: Line

Meter: 2/4

Jim Gold YouTube video: https://www.youtube.com/watch?v=2-ZclY_EFM0

Introduction: 8 measures, then meas 5-8 of SECOND STEP (syrtos)

Measures:

FIRST STEP: Part II

Into ctr.

- 1 "Stagger" step fwd. slight diag: R(ct 1), fwd on L(ct 2)
- 2 Step on R in place(ct 1), L next to R(ct &) R in place (ct 2)
- 3 Fwd on L(ct 1), fwd on R(ct 2) step L next to r(ct &),
- 4 R heel tch with slight swivel(ct 1), heel tch again (ct 2)
- 5 Step back R(ct 1), step back on L(ct 2),
- 6 Step R to R(ct 1), lift L behind R(ct 2)
- 7 Move CW: Step L to lft(ct 1), cross R over L(ct 2)
- 8 Step L to lft(ct 1), close L to R (no weight)(ct 2)

SECOND STEP (PART II)

2/4 Syrtos

Face ctr, moving CCW:

- 1 Step to R(ct 1), step L behind R(ct 2), step R to rt(ct &)
- 2 Face CCW: Hop on R, step on L(ct 1),
Step fwd R(ct 2), step fwd on L(ct &)
- 3 Step R in place(ct 1), step L in front(ct 2),
Step R in place(ct &))
- 4 Step back on L(ct 1), step back on R(ct 2), step on L in place(ct &)
- 5 Face ctr: Step to R(ct 1), step L behind R(ct 2), step R to rt(ct &)
- 6 Face CCW: Hop on R, step on L(ct 1), step fwd R(ct 2), step fwd on L(ct &)
- 7 Face ctr: Step R to rt(ct 1), close L to R(ct 2)
- 8 Step L to lft(ct 1), lift R behind L(ct 2).

ORDER OF STEPS:

1. First Step: 2x, Second Step: 2x