

## Jim Gold International Folk Tours

## Bulgaria!

Folk Dance, Culture, History, Art, Music, Adventure August 3-15, 2011



Sofia, Plovdiv, Bansko, Veliko Turnovo, Koprivshtitsa Folk Festival! Led by Jim Gold

**Black Sea Extension: August 15-19** 



- ★ Explore monuments of ancient Thrace, Greece, Rome, Byzantium, and medieval Bulgaria.
- ★ Visit Sofia, scenic Bansko in the Pirin Mountains, artistic Plovdiv.
- ★ See 10th-century Rila Monastery with its icons and murals, and Veliko Turnovo, medieval capital of Second Bulgarian Empire!
- ★ Travel to dance, sing, and attend performances of Bulgarian folk dance groups at local Koprivshtitsa Folk Festival!
- ★ Black Sea extension!.
- ★ Price includes hotels, two meals daily, an English speaking guide, our own private bus and driver, and all entrance and performance fees.

## **Our Itinerary**

- Day 1: Wednesday, August 3: Fly to Sofia on airlines of your choice.
- **Day 2: Thursday, August 4:** Arrival in Sofia. Meet at our 5-star Radisson SAS located in the heart of the city. Welcome dinner at **Victoria Restaurant.** Overnights at **Radisson Hotel.**
- Day 3: Friday, August 5: Sightseeing walking tour of Sofia: Alexander Nevski Cathedral,
  Nationa Parliament, Saint Sofia Basilica, 4th century Saint George Rotunda, ruins of
  Roman Serdica,. Optional visit: Sephardic Synagogue, largest in Eastern Europe. Afternoon
  free to explore museums, galleries, shops, bistros. Folklore Dinner with live show and wine.

Day 4: Saturday, August 6: Further sightseeing, this time of greater Sofia. Visit the National



Museum of History in the prestigious Boyana District. Continue through the wooded Vitosha mountain, to the village of Kovachevtsi to attend the singing workshop at the Summer School of Kremena Stancheva, world famous Bulgarian folk singer. After a traditional home-made lunch, return to Sofia through the picturesque Iskar River Gorge, with stops in the Town of Samokov. (optional visit to synagogue and Museum House of Ariel, a Jewish family known as first modern bankers in Bulgaria) and the Iskar dam, largest artificial lake on the Balkans. Evening free.

- Day 5: Sunday, August 7: Drive to 10th-century Rila Monastery (in UNESCO's list of world heritage). Enjoy a fresh trout lunch on the bank of a mountain river, then drive downhill to the city of Blagoevgrad, home of the American University in Bulgaria, continue through Predela mountain pass separating the Rila and Pirin mountains, highest ranges in the Balkans, to the town of Bansko. Overnights in luxurious five-star Hotel Kempinski Grand Arena.
- Day 6: Monday, August 8: Walking tour of Bansko, a stronghold of Bulgarian culture and tradition. Then visit the mysterious village of Dobarsko, where the local choir Dobarski Babi will give us a private performance followed by a traditional Bulgarian banistsa and yogurt snack. Late afternoon picnic dinner at Chalin's Farm including horse cart ride, wine, and live music.

Day 7: Tuesday, August 9: This morning we'll journey into the heart of wild nature, a unique ride

on the narrow-gauge railway Kolibi, highest railway station through the beautiful pine mountain of Orpheus, to Bulgaria. Stop for a delicious the Upper Thracian Valley, a fruit and vegetable basket, on



from Bansko to Avramovi on the Balkans! Then drive forests of the Rhodopes—the Velingrad, spa-capital of lunch before driving through fertile land known as Bulgaria's to the artistic capital. Of

Plovdiv. Evening free. Overnights at hotel Trimontium-Princess.

- Day 8: Wednesday, August 10: Morning sightseeing tour of Plovdiv's Old Quarter, known as Bulgaria's Montmartre for its art galleries and antique shops. View masterpieces of 17th to 19thcentury Bulgarian architecture, a 2nd century Roman Theater, and the country's richest Ethnographic Museum. Afternoon at leisure. Dinner with chamber music at famous Alafrangi Restaurant where Pope John Paul 2nd lunched during his visit in 2001.
- Day 9: Thursday, August 11: Drive through Valley of the Roses to the Valley of Thracian Kings (UNESCO's site). Visit the recently discovered Kosmatka Tomb, the gold-domed Shipka Memorial Church before crossing the Balkan Mountains through the Shipka Pass with Liberty Monument commemorating Bulgaria's Liberation from Turkey in 1878. Afternoon visit to Etura Open Air Crafts Museum displaying two centuries of country houses and crafts. Arrive in Veliko Turnovo, Bulgaria's medieval capital. Overnights a the Grand Yantra Hotel.
- Day 10: Friday, August 12: Sightseeing tour of Veliko Turnovo. Visit the dramatic Tsarevets Royal Hill with its palaces and churches perched on cliffs of Yantra River gorge. In the afternoon, we'll drive to the charming village of Arbanassi, summer residence of medieval royalty. Dinner in a stylish local restaurant with live music.

After early breakfast, drive through the scenic Beklemeto mountain pass to Koprivshtitsa, for the opening of the local Koprivshtitsa Folklore Festival! Morning walking tour to see the authentic architecture of Bulgaria's National Revival Period (18-19<sup>th</sup> century). In the afternoon, enjoy singing and dancing at the festival! Overnights at the small country hotels Bashtina Kashta, Astra, Kolorit, and Dahlia.

Day 13, Monday, August 15: Transfer to Sofia Airport for your flight home.

Or join our 5-day/4-night BLACK SEA EXTENSION August 15-19. Includes round-trip transportation, half-day sightseeing tour of Old Nessebar (UNESCO world heritage), 4-star hotel on the Southern Black Sea coast, breakfasts, full day excursion to Varna, including Archaeological Museum, sun, sand, beaches, swimming, and more.

## Visit <u>www.jimgold.com</u> to see YOUTUBE Bulgarian tour videos!

Land: \$2595 Black Sea Extension: \$695

**REGISTRATION FORM:** I can't wait to go! Enclosed is my registration deposit of \$200 per person. Single supplement: \$395. Hotel taxes and service charges: \$85. Black Sea single supplement: \$265. Gratuities not included. Cancellations 30 to 45 days prior to departure: Refund 50% of total price. Less than 30 days: No refund

Total balance due May 10, 2011.

Black Sea Extension	on: YesNo	):		
Name				
Address				
No. of people	Phone (	)		

Make checks payable to: **Jim Gold International**, 497 Cumberland Avenue, Teaneck, NJ 07666 U.S.A Phone (201) 836-0362. Web site at <a href="www.jimgold.com">www.jimgold.com</a> E-mail: jimgold@jimgold.com







