O SOLE MIO .....ITALY

Dance Meaning: Oh, my Sun
Pronunciation: Oh Soleh Mee oo
Choreography: by Jim Gold in eclectic South Italian folk dance style.
Music: O Sole Mio: La Tarantella. Produced 2002
Formation: Open circle. Hands in W or V position,
Style: Big sweeping steps
Youtube Video: http://bit.ly/2olipsj
Meter: 4/4)
Introduction: 2 measures

Measures:

FIRST STEP (PART I)
Fwd and back: (Quick, quick, slow) Arms in W position (T for leader)

1 Step fwd on R(ct 1), bring L next to R(ct &),
Step fwd on R(ct 2), place L ankle behind R knee(ct &)
Step back on L(3), bring R next to L(ct &),
Step back on L(ct 4), tch R toe diag to L ankle(ct &)

2 **Back pas de bas: (Slow, quick, quick)**
Step to rt on R pushing up on on R (ct 1), step L behind R(ct 2), R in place (ct &)
Step to lft on L pushing up on L (ct 3), R behind L(ct 4), L in place(ct &)
2 **"rida" crosses (up-down)**

3 Cross R over L pushing up on R ft(ct 1), step L behind R(ct &),
Cross R over L pushing up on R ft(ct 2), step L behind R(ct &),
4-step grapevine
Cross R over L pushing up on R(ct 3), step L to side of R(ct &)
Step on R behind L(ct 4), step L to lft(ct &)

4 **4 rocks:** Arms in V position
Rock rt(ct 1), rock lft(ct 2), rock rt(ct 3), rock lft(ct 4)

SECOND STEP (PART II)
Moving LOD, CCW

1 **Facing front: Two-side step and lift.** Arms remain in V position
R to rt(ct 1), step L behind R(ct &), step R to rt(ct 2), Lift L/hold (ct 3)
7-step grapevine CCW
Cross L over R(ct 4), step R next to L(ct &)

2 Step L behind R(ct 1), step R next to L(ct &),
Cross L over R(ct 2), step R next to L(ct &),
Step L behind R(ct 3), lift R(ct 4)
Fwd and back

3 Step fwd on R(ct 1), bring L next to R(ct &), step fwd on R(ct 2),
Step back on L(3), bring R next to L(ct &), step back on L(ct 4)

4 **4 rocks**
Rock rt(ct 1), rock lft(ct 2), rock rt(ct 3), rock lft(ct 4)

5-8 Repeat meas 1-4

THIRD STEP:

1-4 Repeat meas 1-4 of FIRST STEP
Fwd and spread arms/cross heart step

5 Step fwd on R (optional kneel on L knee) (ct 1-2), spread arms(ct 3-4)

6 (Stay kneeling) R hand crosses heart(ct 1-2), rise(ct 3-4)
7-8 Repeat meas 3-4 of FIRST STEP
4 rocks. Arms in V position
Rock rt(ct 1), rock lft(ct 2), rock rt(ct 3), rock lft(ct 4)
9-12 Repeat meas 1-4

Ending:
After THIRD STEP (meas 1-7)
8 Rock rt(ct 1), rock lft(ct 2) ,step fwd on Rt(ct 3), spread arms wide(ct 4)

ORDER OF STEPS:
1. First Step: 1x, Second Step: 2x, Third Step: 1x, First Step: 1x,
2. Second Step: 2x, Third Step: 1x. End on one knee (optional)