OY, PRI LOUZHKA. . . RUSSIA

Dance Meaning: On the Meadow
Pronunciation: Oye, Pree Louzhka ("zh" pronounced as in measure)
Choreography: By Jim Gold using traditional steps from Russia.
Music: Ensemble Podvorye
Formation: Open circle
Meter: 4/4
Jim Gold YouTube video: https://www.youtube.com/watch?v=nRoAH8woN2E
Introduction: 4 measures
Measures:

	First Step:
	Stiff-kneed gliding walk, CCW, Fists on hips:
	R(ct 1), L(ct 2), R(ct 3), L(ct 4),
2-4	Repeat meas. 1 3x
5-6	Sun rise and set step:
	Repeat meas. 1-2. Hands open, fingers together.
	Arms trace ascent of sun moving in 3/4 circle
	from left to right.
7-8	Repeat meas. 1-2 with arms moving in opposite
	direction tracing descent of sun.
	Gallop step:
9-12	Fists on hips. Step forward on R bending knee and dipping slightly (ct 1),
	straighten both knees, bring L next to R (ct &).
	Repeat 7x.
	Second Step:
1	Face ctr:
	Step R to right(ct 1), bring L next to R(ct 2),
	step R to right(ct 3), bring L next to R(ct 4),
2	Repeat meas. 1 opp ft and opp dir,
3	4 pas de bas:
	Step on R(ct 1), step on L in front of R(ct &),
	step on R in place(ct 2),
	step on L(ct 3), step on R in front of L(ct &),
	step on L in place(ct 2),
4	Repeat meas. 3
5	Lifts: Step on R(ct 1), lift L(ct 2),
	step on L(ct 3), lift R(ct 4),
6	Step on R(ct 1),
	cross L over R(ct 2), snap R foot to L foot(ct 3-4),
7	4 push steps: moving left, CW:
	push off on R ft and fall on L ft(ct 1),

close R to L(ct 2),
push off on R ft and fall on L ft(ct 3),
close R to L(ct 4).

8 Repeat meas. 7

<u>Third Step:</u>

Step-lifts into ctr:

1 Raise R hand high: Step on R(ct 1), lift L(ct 2),
Step on L(ct 3), lift R(ct 4),

2 Repeat meas. 1

3 Rida step out of circle: Half turn left, left shoulder facing out of circle:
Cross R over L(ct 1), bring L to side of R(ct 2),
cross R over L(ct 3), bring L to side of R(ct 4),

4 Cross R over L(ct 1), bring L to side of R(ct 2),
cross R over L(ct 3),
half turn to face CCW, step on L(ct 4).