PLATKY. . .RUSSIAN

Dance Meaning: Plaited or braid.
Pronunciation: PLAT-ky
Music: Tape: The Maydan: Kazachiv Ensemble of Song and Dance
Choreography: By Jim Gold using traditional steps from Russia.
Formation: Open circle. Hands held down in V formation.
Meter: 4/4
Jim Gold YouTube video: https://www.youtube.com/watch?v=8dSJQ09x3MU
Introduction: 2 measures
Measures:

FIRST STEP (PART I)

Moving to the right, CCW:

1 Step forward on R(ct 1),
bring L next to R(ct &),
step R forward(ct 2),
brush left foot forward pointing toe(ct &),
step forward on L(ct 3),
bring R next to L(ct &),
step L forward(ct 4),
brush right foot forward pointing toe (ct &).

2 Walk 4 step in LOD:
R(ct 1), L(ct 2), R(ct 3), L(ct 4).

3-4 Repeat meas. 1-2

SECOND STEP (PART II)

Toe-heel-lift-push step:

1 Face ctr: touch R toe to right while bending
right knee towards left knee(ct 1),
touch R heel in same spot(ct &),
lift R ft in front of left shin with R foot
parallel to left shin(ct 2),
push R ft to right(ct &),
face ctr step R ft to right(ct 3),
close L ft next to R (ct &),
step R ft to R(ct 4),
close L ft next to R with no weight on L(ct &),

Repeat meas. 1 opp dir and opp ft,

2 Gliding rida to left, CW: Stay on toes.

3 Step R ft in front of L(ct 1),
step L to left side behind R(ct &),
Repeat (ct 1&) 3x.

4 8-step grapevine to left, CW: Stay on toes.
Step R in front of L(ct 1),
step L to left side of R(ct &),
step R behind L(ct 2),
L to left side of R(ct &),
step R in front of L(ct 3),

step L to left side of R(ct &),
step R behind L as you turn body CCW with L shoulder
facing ctr(ct 4),
step on L in front of R(ct &).

THIRD STEP (PART III)

Three-sided rectangle step:

Gliding step: Stay on toes. (First side of rectangle). Left shoulder facing ctr. 8 gliding steps into ctr.

1 Cross R over L(ct 1),
step L slightly behind R(ct &),
Repeat (ct 1&) 3x

2 Gliding step, stay on toes, face ctr: (Second side
of rectangle).
Repeat meas. 1: Move 8 more gliding steps to left:
R over L(ct 1), step L slightly behind R(ct &).
Repeat (ct 1&) 3x

3-4 Repeat toe-heel-lift-push-step from meas. 1-2 of
Second Step

5 Repeat meas. 2 of Third Step
Going out of ctr, (Third side of rectangle),
Left shoulder facing out of ctr.

6 Six crosses: Stay on toes.
Cross R over L (ct 1),
step on L slightly behind R(ct &),
cross R over L (ct 2),
step on L slightly behind R(ct &),
cross R over L (ct 3),
step on L slightly behind R(ct &),
step on R in place facing ctr(ct 4),
still facing ctr step L next to R(ct &),
(Completes three-sided rectangle)

7 Repeat toe-heel-cross-push step of meas. 1
from Second Step

8 3 reels back:
Lift R leg(ct 1),
step on R ft behind L(ct &),
lift L leg(ct 2),
step on L ft behind R(ct &),
lift R leg(ct 3),
step on R ft behind L(ct &),
step on L ft next to R(ct 4).
Repeat whole pattern twice.

Dance notes by Jim Gold: Web site: www.jimgold.com
Presented by Jim Gold at the Florida Folk Dance Camp
2/2004