STARI ZUPSKI PLES. . . CROATIA

Dance Meaning: Dance from the old region
Pronunciation: STA-ri DJUP-ski ("dj"as in leisure) Ples
Choreography: By Jim Gold using traditional steps from Croatia.
Source: Dubrovnik Region
Music: Folklorni Ansembl Lindjo: Homo U Kolo
Formation: Circle, arms in V position.
Meter: 4/4
Jim Gold YouTube video: https://www.youtube.com/watch?v=WibxngggaTI
Introduction: No introduction
Measures

	Step One:
1	Facing left, right shoulder toward ctr:
	Step R into ctr(ct 1), bring L next to R(ct &),
	step R in ctr(ct 2),
	Back out: Step L out of ctr(ct 3),
	bring R next to L(ct 4),
2-4	Repeat meas. 1 3x
	Step Two:
	Sides
5	Facing ctr, side-together moving right, CCW:
	Step to the right(ct 1), bring L next to R(ct &), repeat 2x(ct 2&, 3&),
	step on R to the right(ct 4),
	touch L next to R(ct &),
6	Repeat meas. 5 in opp dir,
7-8	Repeat meas. 5-6
1-4	Repeat Step 1
5-8	Repeat Step 2
	Variations for Step 2
	Optional: Replace meas. 6 with cherkessia step:
	Cherkessia Step:
	Face ctr: Cross R over L(ct 1),
	step on L in place(ct &),
	step on R to side of L(ct 2),
	step on L in place(ct &),
	cross R over L(ct 3),
	step on L in place(ct &),
	step on R(ct 4),
	Repeat opp ft
	Step Three: (Slow music)
	Rida Step
1	Step R in front of L(ct 1), step L to left side(ct 2), Step R in front of L(ct 3), step L to left side(ct 4),
2	Step R in front of L(ct 1), step L to left side(ct 2),
	step R in front of L(ct 3), lift L (ct 4),

3-4	Repeat meas. 1-2, opp ft and opp dir,
5-8	Repeat meas. 1-4
9-16	Repeat meas. 1-8

Lame Duck Step (Second part of Step Three)

1	Facing right, in LOD:
	Hop on L lifting R in front(ct 1),
	step on R(ct &), step on L(2),
	hop on L lifting R in front(ct 3),
	step on R(ct &), step on L(4),
2	hop on L lifting R in front(ct 1),
	step on R(ct &), step on L(2),
	hop on L as you half-turn to face CW(ct 3),
	step on R(ct &), step on L(ct 4),
3-4	Repeat meas. 1-2 opp dir and opp ft,
5	Slow Crossing Cherkessia Step:
	Face ctr: Cross R over L(ct 1),
	step on L in place(ct 2),
	step on R to side of L(ct 3),
	step on L in place(ct 4),
6	Cross R over L(ct 1),
	step on L in place(ct 2),
	step on R in place(ct 3),
	step on L in place(ct &),
	step on R in place(ct 4),
7	Repeat meas. 5 opp ft
8	Cross L over R(ct 1), step on R in place(ct 2),
	Step on L in place(ct 3-4)

<u>Order of steps:</u>
1,2,1,2, Step 3
1,2,1,2,1,2,1,2, Step 3
1,2,1,2,1,2,1