TIMONYA KRUGOVAYA: RUSSIA

1

Dance Meaning: Circle Theme
Pronunciation: Teemonya Krugovaya
Choreographed 1998 Alexandru David. Two additional steps in Russian folk dance style added by Jim Gold.
Source: Alexandru David Record
Music: Alexandru David
Formation: Open circle, hands free.
Meter: 2/4 (Three measures of 2/4 pattern)
Jim Gold YouTube video: https://www.youtube.com/watch?v=QWqmnZwrMR0

Introduction

Measures:

Introduction: 36 side steps:(Count in 6 measures)

1 Face ctr. Step to rt side with R(ct 1),
Bring L next to R(ct 2)

2-36 Repeat meas 1 35x (Optional: Alternate meas 1 with:
Step R to rt side(ct 1-2), bring L next to R(ct 1-2)

Extended Introduction: (Starts with drum)

1-36 First Step: 6x
Irregular: 11 measures

37-46 Second step 10x

47 Face fwd, step R to rt(ct 1)
Close L next next to R(ct 2)

FIRST STEP (PART I)

Arms back, optional holding hands , 5 moving to rt.

1 Bending slightly fwd: Step R to rt with R heel(ct 1), step L behind r(ct 2)
2 Repeat meas 1
3 Step R to rt with R heel(ct 1), stand straight as you jump on both ft tog(ct 2).bring hands into W position
Moving to lft. Make sure stamping feet sound rhythm on floor.
4 "Fall" on rt ft(ct 1), come up on lft next to R(ct &)
"Fall" on rt ft(ct 2), come up on lft next to R(ct &)
5 Repeat meas 4
6 Step on R in place(ct 1), step on L in place(ct 2)
7-12 Repeat First Step: Meas 1-6

SECOND STEP (PART II)

Moving LOD (to the rt) Hands free. "Kursk" Russian two-step:

1 While feet dance: Step fwd on R(ct 1), bring L behind R(ct &), Step on R in place(ct 2), both hands are up, palms facing dancer.
2 Step fwd on L(ct 1), bring R behind L(ct &), Step on L in place(ct 2) both hands are up, palms facing fwd (back of hands facing dancer.
3 Repeat meas. 1
4 Repeat meas 2

5 Repeat meas 1
6 Repeat meas 2
7-12 Repeat Second Step: Meas 1-6

THIRD STEP (PART III)

Fists on hips. 3 two-steps into ctr starting with heel. Bend slightly fwd, dancer looks at boot (ft)

1 Step on R(ct 1), bring L next to R(ct &), step on R(ct 2)
2 Repeat meas 1 opp ft.
3 Repeat meas 1

3 Reels

4 Step back on L(ct 1), lift R in a reel step(ct 2)
5 Repeat meas 4 opp ft
6 Repeat meas 4

3 pas de bas (or optional 3 syncopated stamp steps)

7 Leap on R next to lft(ct 1), cross L over R(ct &),
Step on R in place(ct 2)
8 Repeat meas 7 opp. ft 2
9 Repeat meas 7

3 push-steps (optional 5 push-steps on second time)

10 "Fall" on left as you simultaneously push R to rt side(ct 1)
Step R next to L(ct 2). Turn head to rt, look at boot(ft)
11-12 Repeat meas 10 2x (but end with 5 push-steps)

13-24 Repeat Third Step: Meas. 1-12 (Meas 4-6 arms spreading)

Optional:

13-22 Repeat meas 1-9 of Third Step

5 push-steps

22 "Fall" on left as you simultaneously push R to rt side(ct 1)
Step R next to L(ct &)
"Fall" on left as you simultaneously push R to rt side(ct 2)
Step R next to L(ct &)
23 Repeat meas 10
24 Step on L(ct 1), place R next to L(ct 2)

FOURTH STEP

5 "Big Moving" Steps to rt.

Fists remain on hips:

1 Big step R to rt with R heel(ct 1), step L behind r(ct 2)
2 Repeat meas 1
3 Step R to rt with R heel(ct 1), kick L ft (with square heel) in front or R as you 1/4 turn rt(ct 2).

Moving into ctr, fists on hips, lft shlder leans into ctr

4 Step on L(ct 1), bring R behind L(ct 2)
5 Repeat meas 4

6 Step on L(ct 1), step (optional: stamp) rt ft behind L(ct 2)
"Falling backwards" out of circle. Simultaneously place R hand behind head (nape of neck), place L fist on L hip,

7 "Fall" on L behind R, simultaneously lift R leg, face fwd(ct 1),
Step on R next to L(ct 2),

8 Repeat meas 7

9 Step on R(ct 1), tch L next to R no wt(ct 2)
Three push-steps. Place R fist on R hip. Look at rt boot

10 "Fall" on L as you simultaneously push R to rt side(ct 1)
Step R next to L(2)

11 Double push-step: "Fall" on L as you simultaneously push R to rt side(ct 1)
Step R next to L(ct &)
"Fall" on left as you simultaneously push R to rt side(ct 2)
Step R next to L(ct &)

12 Step on L(ct 1), step on R next to L(ct 2)

13-24: Repeat Fourth Step: Meas. 1-12

ORDER OF STEPS:

Introduction: Side steps 26 meas.
Extended Introduction: First Step: 6x, Second Step: 2x.

Dance starts with singing sound of "Yes"

1. Step I: 2x
   Step II: 2x
   Step III: 1x
   Step IV: 1x

2. Step I: 2x
   Step II: 2x
   Step III: 2x
   Step IV: 2x
   Repeat pattern 2 until end.
   Ends with Third Step