YADZHIISKATA BULGARIA

Dance Meaning:
Pronunciation: Yad zhis kata ("zh" like "s" in measure)
Choreography: by Jim Gold in Bulgarian folk dance style.
Music: Bulgarian Folklore Dances from the region of Veliko Turnovo. Using music from Bulgarian dance named "Yadzhiiskata."
Formation: Line. Hands in V positions (1 & 2), W position (3).
Meter: 2/4
Jim Gold YouTube video: https://www.youtube.com/watch?v=H45KXkTqGS8
Introduction: 8 measures
Measures:

FIRST STEP (PART I)
Moving Rt (CCW), walk 4 steps. Hands in V (low hands) pos.

1 L(ct 1), R(ct 2),
2 L(ct 1), R(ct 2)
Two back pas-de-bas 2-steps
3 Step fwd on L(ct 1), bring R behind L(ct &), step fwd on L(ct 2),
4 Step fwd on R(ct 1), bring L behind R(ct &), step fwd on R(ct 2)
Walk 4 steps, one 2-step
5 L(ct 1), R(ct 2),
6 L(ct 1), R(ct 2)
7 Step fwd on L(ct 1), bring R behind L(ct &), step fwd on L(ct 2),
8 Face ctr, step on R(ct 1),
Light stamp on L heel next to R(ct 2), raise hands to W pos

SECOND STEP (PART II)
Into ctr ("Alunelul-like" step)

1 Fall onto L ft(ct 1), stamp R no weight (ct &),
fall onto R ft(ct 2), stamp L no weight (ct &),
2 fall onto L ft(ct 1), stamp R (ct &), stamp R again (ct 2)
Out of ctr
3 R(ct 1), L(ct 2). Hands move slowly down to V pos (cts 1-2,1-2)
4 R(ct 1), light stamp on L heel next to R, no weight(ct 2), raise Hands to W pos.
5-16 Repeat meas 1-4 3x.

THIRD STEP (PART III)
3 Lifts and 8-crossing steps. Hands in W pos.
On lifts, bend body slightly and add slight twist to each lift.

1 Step on L(ct 1), lift R(ct 2)
2 Step on R(ct 1), lift L(ct 2)
3 Step on R(ct 1), lift L(ct 2)
4 Cross R over L(ct 1), step on L in place(ct &),
Step on R in place(ct 2)
8-step cherkessia.
5 Step on L in place(ct 1), cross R over L(ct &),
Step on L in place(ct 2), step on R in place(ct &)
6 Cross L over R(ct 1), step on R in place(ct &)
Step on L in place(ct 2), cross R over L(ct &)
7 Step on L(ct 1). Lift R(ct 2)
8 Step back on R(ct 1), step on L next to R(ct &)
Step on R(ct 2)

ORDER OF STEPS:

1. First Step: 1x, Second Step: 4x, Third Step: 2x
2. First Step: 1x, Second Step: 4x, Third Step: 2x
3. First Step: 1x, Second Step: 4x, Third Step: 2x
4. First Step: 1x, Second Step: 4x, Third Step: 1x