

Moods

by Jim Gold

Mr. Farswell Jones woke up with knee pain in the morning. He worried, drank his coffee, and started studying Romanian history. He moved on to grammar, read a bit about Romanian prepositions and etymology, and even researched the Latin roots of the Romanian words “cu” (with) and “lapte” (milk).

Forty minutes later, he felt energized, inspired, and ready to roll. Yet nothing had actually happened. Only his mood had changed.

His wife walked in for breakfast, He told her about the roller-coaster mood phenomenon.

An expert in human psychology and Buddhist philosophy, she said, “One thing you can’t trust is your moods.”

Jones took another sip of coffee. In a hopeful voice, he said, “If only I could learn that.”

from Carlos the Cloud

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