

## Teaneck 2021 Folk Dance Schedule

# Folk Dancing with Jim Gold

**MONDAY: 7:30-9:00 p.m.**  
**Ethical Culture Society, Teaneck, NJ**

**Opening night: October 4, 2021!**  
**Classes continue: October 11, 18, (25?),**  
**November 1, 8, 15, 22, (29?)**



### **Featuring:**

**Folk dancing on a wooden floor in a homey atmosphere**  
**Fun, excitement, growth, exhilaration, expansion**  
**Meet new people. No partners needed.**  
**Bring your friends, terpsichorean focus, and good spirits**  
**Masks and vaccination required. Plus social distancing for extra fun!**

International folk dancing strengthens the body, frees the mind, and elevates the spirit! Tensions vanish as you learn dances from Greece, Turkey, Bulgaria, Israel, Hungary, Serbia, Slovakia, Croatia, Russia, Romania, United States, and more. As Hungarian folk dance enthusiast Dr. Laszlo Ferfi says: "Folk dance promotes fun cell growth. Its fun quotient (FQ) releases folkloric endorphins of happiness, lowering cholesterol while bringing joy and longevity."

Join us! Start your fun high today

For complete schedule go to: <https://www.jimgold.com/folk-dancing/>

**Driving directions: Ethical Culture Society:** 687 Larch Ave, Teaneck, NJ. Take Route 4 River Road exit in Teaneck. Follow ramp, make left onto exit road. At light, turn right onto River Road. Follow River Rd. past Cedar Lane (traffic light) to North St. (3rd street on the left). Turn left on North St. up the hill to Larch Ave.

**Jim Gold** is a folk dance teacher, choreographer, tour leader, classical guitarist, folk singer, secret gaida player, and author. He brings a love of humans, music, humor, and adventure to his dance classes, making it a joy for all ages. As president of Jim Gold International, he leads international tours to exotic destinations.

**Fees: \$10 per class**

**For information contact Jim Gold**, 497 Cumberland Avenue, Teaneck, NJ. 07666 (201) 836-0362 E-mail: [jimgold@jimgold.com](mailto:jimgold@jimgold.com)  
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